



**COMMON  
GROUND**  
*project*

**CORPORATE VOLUNTEERING**



# FOOD BRINGS PEOPLE TOGETHER

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Common Ground Project is a regenerative farm and social enterprise located in Freshwater Creek on a mission to connect and empower the community through food and farming. In particular, we exist to empower agency and access for those who need it most so that we can cultivate a stronger, fairer and more resilient local food system for everyone.

We do this by supporting education, training and employment pathways for people facing structural disadvantage, and by providing an inclusive space for growing, cooking, purchasing, knowledge sharing, and ongoing community collaboration.

Our regenerative farm, programs, workshops and Food Hub all support food security in the region, as we work to create fair access to locally grown, healthy food.

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# CORPORATE VOLUNTEERING

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Make a meaningful impact on your staff, company culture and the community through corporate volunteering at Common Ground Project.

Our volunteer days provide an opportunity to bring your team together and strengthen relationships outside the office while contributing to environmental and social change.

Participants will have the chance to connect with the land, contribute to the farm, and learn about regenerative farming practices. The day will also provide teams with a greater awareness of how we can all play a role in supporting a fairer local food system.

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# YOUR IMPACT

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Through corporate volunteering, you and your team will make a huge difference at Common Ground Project.

As an operational farm and non-for-profit organisation, we rely on the generous support and time of volunteers and organisations.

Your help will have a direct impact on the work we do to support those facing disadvantage in the region, including:

- Facilitate training & job opportunities
- Provide fresh, nutritious meals
- Reduce financial barriers to accessing locally grown, healthy food
- Increase people's skills and capacity around home scale food production

In addition, you'll also be helping us:

- Increase the soil health & biodiversity of the region
- Offer theoretical & practical learning opportunities for everyone





## DETAILS

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Cost is \$900 + GST p/day  
for groups of 4-10 people.

Available on Wednesday - Friday,  
including morning tea and lunch  
using fresh produce from the farm.

We can cater for dietary  
requirements and larger groups.

Volunteers must wear clothing  
and shoes that can get dirty, plus  
bring a raincoat and water bottle.

Gumboots and gloves aren't  
essential, but handy!

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# YOUR DAY

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Each volunteer day is unique. It will include several activities that contribute to running our regenerative farm. Above all, we want to create a space for everyone to learn and laugh together. We cater for all abilities, no experience needed!

9:30AM - arrive at Common Ground Project for Acknowledgement of Country, site induction and morning circle

10:00AM - farm jobs e.g. moving chickens, sowing seeds, planting trees

11:30AM - morning tea

12:00PM - farm jobs e.g. harvest, weeding, mulching

1:30PM - farm lunch

2:30PM - wrap-up

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# CONTACT

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For more information or to organise a corporate volunteer day for your team at Common Ground Project, please get in touch.

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